

## Sermon Notes

- 1) In the “Reveal” study, 16%, 1 in 6, described themselves as “stalled” in their spiritual growth. Why?
  - a) ran into difficult life circumstances
  - b) came face-to-face with a personal weakness incompatible with following Christ
  - c) not prioritizing their spiritual life
- 2) It’s much like soil types two and three in the parable of the sower (Mark 4:1-9).
- 3) The big “aha” – much of the responsibility for my spiritual growth belongs to me.

Some suggestions for building and living faith at home:

- 1) Utilize our Lenten study guide
- 2) Use the Upper Room daily devotional guide
- 3) Use the daily family devotionals found in the Faith at Home section of our website  
([www.aumcfamily.org](http://www.aumcfamily.org))
- 4) Read through the gospel of Luke a little each day, allowing time to ponder and pray about what you’ve read
- 5) Pray the ACTS model of prayer:
  - A = Adoration – “I love you God, for you are...”
  - C = Confession – “I’m sorry for...”
  - T = Thanksgiving – “Thank you for...”
  - S = Supplication – “Please...”